



EASTERN ATLANTIC STATES

CARPENTERS BENEFIT FUNDS

SPRING 2025

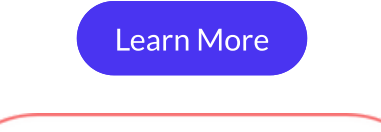
LOCAL 253

NEWSLETTER

What You May Have Missed | New Benefits | April 1 Eligibility | Annuity Update

New Vendors

You May Have Missed



Musculoskeletal concierge health care. A trusted guide to musculoskeletal (MSK) patients across their entire health care journey.

[Learn More](#)

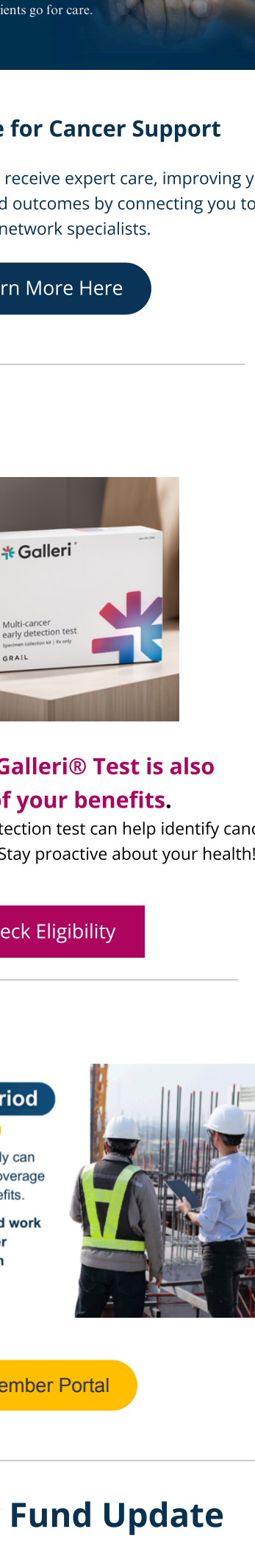
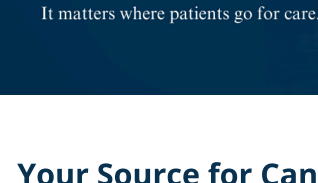


At Home Physical Therapy. A solution for muscle and joint issues, from head to toe without leaving your doorstep.

[Learn More](#)

New Additions to Your Health Benefits

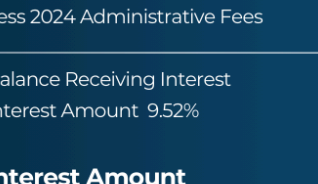
Who are you keeping your heart healthy for?



Heart Health Made Easy

This program allows you to monitor your blood pressure, track medications, and receive personalized tips for maintaining a healthy heart—all from the privacy of your home.

[Learn More Here](#)



It matters where patients go for care.



Your Source for Cancer Support

This service ensures you receive expert care, improving your treatment experience and outcomes by connecting you to the best in-network specialists.

[Learn More Here](#)



Don't Forget! The Galleri® Test is also available as part of your benefits.

This multi-cancer early detection test can help identify cancer signals in its early stages. Stay proactive about your health! See if you are eligible today.

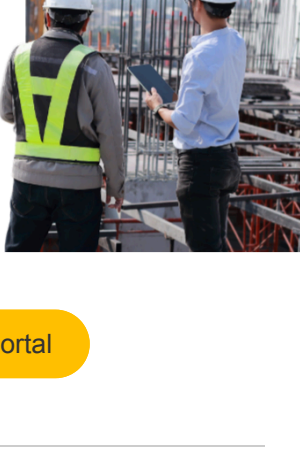
[Check Eligibility](#)

New Eligibility Period

April 1 - September 30

Reviewing your hours regularly can help you plan ahead, avoid coverage gaps and maximize your benefits.

To check your eligibility and work hours, log into your member portal by clicking the button below.



[Member Portal](#)

Annuity Fund Update

The Eastern Atlantic States Annuity Fund

The Trustees approved a rate of return of

9.52% For Plan Year 2024

Profit Sharing & Money Purchase Sub Accounts



Example ONLY

How is interest calculated

January 1, 2024 Beginning Balance	\$150,000
Less 2024 Payouts	- \$25,000
Less 2024 Administrative Fees	-\$120

Balance Receiving Interest	\$124,880
Interest Amount 9.52%	x 0.0952

Interest Amount	\$11,888.58
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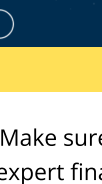
[Check Your Annuity Account Balance](#)

Did you catch Phase II of the Retirement Awareness Webinar?

Retirement Awareness Webinar

Phase II

Financial Awareness



Special Guests:

Pine Valley Investments & Gormley Furlong Wealth Advisory Group

[Watch the Video](#)

Are you retired or planning on retiring? Make sure you tune in to this pre-recorded Q&A where expert financial advisors with decades of experience answer your questions about retirement.



LIVE Q&A WITH THE FUND STAFF

[Register Now](#)

Questions about your health, retirement or even work hours?

Don't Miss this LIVE Q&A with the Fund Staff.

This virtual opportunity will allow you to ask the Fund Staff questions from anywhere about your Health Benefits, Work Hours and Retirement.



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